

# Base Menu Spreadsheet

## Portion Values

Jan 4, 2021 thru Jan 29, 2021

**Menu Name:** Secondary Breakfast

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Monday - 01/04/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000566 Egg Scrambled	cup	1	339	3.01
000495 Toast	SLICES	1	126	13.00
000662 Cereal Variety	CEREAL	1	112	22.75
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			833	91.22
% of Calories				43.8%
Weekly Nutrient Guideline			450 - 600	

### Tuesday - 01/05/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000504 Biscuit Sandwich	SANDWICH	1	420	27.00
000495 Toast	SLICES	1	126	13.00
000662 Cereal Variety	CEREAL	1	112	22.75

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990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			914	115.22
% of Calories				50.4%
Weekly Nutrient Guideline			450 - 600	

### Wednesday - 01/06/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
000660 Cereal Bar Variety	SERVING	1	150	30.00
Weighted Daily Average			644	118.22
% of Calories				73.4%
Weekly Nutrient Guideline			450 - 600	

### Thursday - 01/07/2021

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000541 Biscuit & Gravy	SERVING	1	300	33.33
000495 Toast	SLICES	1	126	13.00
000662 Cereal Variety	CEREAL	1	112	22.75
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			794	121.55
% of Calories				61.2%
Weekly Nutrient Guideline			450 - 600	

**Friday - 01/08/2021**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
001042 Bagel Mini Straw	PKG	1	230	41.00
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00

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## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			486	93.47
% of Calories				76.9%
Weekly Nutrient Guideline			450 - 600	

### Monday - 01/11/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000566 Egg Scrambled	cup	1	339	3.01
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			833	91.22
% of Calories				43.8%
Weekly Nutrient Guideline			450 - 600	

### Tuesday - 01/12/2021

### Reimbursable Meal Total 1

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## Portion Values

Jan 4, 2021 thru Jan 29, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000504 Biscuit Sandwich	SANDWICH	1	420	27.00
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			914	115.22
% of Calories				50.4%
Weekly Nutrient Guideline			450 - 600	

**Wednesday - 01/13/2021**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000891 Pancake Stick	STICK	1	220	22.00
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00

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## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			714	110.22
% of Calories				61.7%
Weekly Nutrient Guideline			450 - 600	

### Thursday - 01/14/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000541 Biscuit & Gravy	SERVING	1	300	33.33
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			794	121.55
% of Calories				61.2%
Weekly Nutrient Guideline			450 - 600	

### Friday - 01/15/2021

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000616 Dutch Waffle	FUNNEL CAKE	1	300	43.00
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			794	131.22
% of Calories				66.1%
Weekly Nutrient Guideline			450 - 600	

**Tuesday - 01/19/2021**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000504 Biscuit Sandwich	SANDWICH	1	420	27.00
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00

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## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			914	115.22
% of Calories				50.4%
Weekly Nutrient Guideline			450 - 600	

### Wednesday - 01/20/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000527 Tornado French Toast	EACH	1	190	22.00
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			684	110.22
% of Calories				64.5%
Weekly Nutrient Guideline			450 - 600	

### Thursday - 01/21/2021

### Reimbursable Meal Total 1



# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000541 Biscuit & Gravy	SERVING	1	300	33.33
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			794	121.55
% of Calories				61.2%
Weekly Nutrient Guideline			450 - 600	

**Friday - 01/22/2021**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000797 Mini Waffles Maple	PKG	1	210	38.00
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00

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## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			704	126.22
% of Calories				71.7%
Weekly Nutrient Guideline			450 - 600	

### Monday - 01/25/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000566 Egg Scrambled	cup	1	339	3.01
000495 Toast	SLICES	1	126	13.00
000662 Cereal Variety	CEREAL	1	112	22.75
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			833	91.22
% of Calories				43.8%
Weekly Nutrient Guideline			450 - 600	

### Tuesday - 01/26/2021

### Reimbursable Meal Total 1

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## Portion Values

Jan 4, 2021 thru Jan 29, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000504 Biscuit Sandwich	SANDWICH	1	420	27.00
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			914	115.22
% of Calories				50.4%
Weekly Nutrient Guideline			450 - 600	

**Wednesday - 01/27/2021**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000650 Pancake Mini Maple	PKG	1	220	39.00
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00

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## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			714	127.22
% of Calories				71.3%
Weekly Nutrient Guideline			450 - 600	

### Thursday - 01/28/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000541 Biscuit & Gravy	SERVING	1	300	33.33
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			794	121.55
% of Calories				61.2%
Weekly Nutrient Guideline			450 - 600	

### Friday - 01/29/2021

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Jan 4, 2021 thru Jan 29, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Carb (g)
000846 French Toast Sticks	4 STICKS	1	300	43.00
000662 Cereal Variety	CEREAL	1	112	22.75
000495 Toast	SLICES	1	126	13.00
990061 Fruit Variety	1/2 CUP	1	78	20.47
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			794	131.22
% of Calories				66.1%
Weekly Nutrient Guideline			450 - 600	

			Cals <sup>1</sup> (kcal)	Carb (g)
Weighted Averages			782	114.14
% of Calories				58.4%

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.